

"Minnesota Women in Psychology is committed to furthering the psychological, social, and emotional well being of women in the mental health profession."

FALL 2013

ONGOING EVENTS

PRIVATE PRACTICE GROUP

9:00am - 11:00am
2nd Saturday of the month

Lund's Grocery Store
Community Room
25 University Ave SE
Minneapolis, 55414

Contact: Kathy Johnson
kathy@twincitiestherapy.com

EXECUTIVE COMMITTEE MEETING

7:00pm - 9:00pm
2nd Wednesday of the month

3249 Humboldt Ave.
Minneapolis, 55408

Contact: Cathy Skrip
cleel9s@yahoo.com

All members are welcome to attend meetings!

Notes from the Chair...



It has been my privilege to serve as MWP's vice chair during the past year, under the capable leadership of co-chairs, Laura Triplet Dodge and Kim Carter. Now, as I step into the commitment to continue as MWP's new chair, I want to extend my personal welcome to each of you in the MWP membership. It would be wonderful to see you at our annual Wine and Chocolate membership event on October 29, 2013, which will include the added feature of a silent auction this year.

I am approaching this year with a sense of excitement as well as *deja vu*. For those of you who don't know me, I believe I joined MWP around 1988. I quickly became involved with MWP's social action efforts and then was elected to Steering Committee (as we called it back then). I was licensed as a psychologist in 1990, opened my practice in 1992, and found myself chairing our organization from 1995 - 97. I'm sharing all of this to let you see that MWP offers great opportunities for participation and leadership whether you are a new member, early in your career

or a seasoned member with years of professional experience.

MWP is all about connection, and I will personally be striving to build and strengthen the sense of community within our membership in the coming year. Our mission is to provide networking and support for all women in the mental health professions. Our Executive Committee meetings are open, so you are welcome to come and see how we function. Our committees would all welcome additional participation. Our weekly e-blast and this quarterly newsletter need contributions as well as readers. Our website and social media presence will be growing with current efforts to expand on LinkedIn and develop a Facebook page. Our annual Wine and Chocolate gathering, Growth Series events, and brown bag get-togethers are all wonderful chances to network with each other and evolve in our professional lives.

So, on behalf of the Executive Committee, welcome to this new MWP year. We look forward to meeting you and hearing from you. We regard each of you as a vital part of this organization and, in turn, hope that MWP will serve as an instrumental part of your professional future.

Cathy Skrip, MS, LP



"Networking and support for all women in the mental health professions."

MWP

EXECUTIVE COMMITTEES

Finance

Are you a numbers person? Do you enjoy fundraising? The Finance Committee oversees our budgets and keeps MWP fiscally responsible. Finance is looking at ways to help MWP generate funds, and be in a strong position to serve our members. This is THE committee that provides the solid base for MWP. Be a part of MWP moving forward! Contact Denise Kautzer, chair, at dkautzer@comcast.net if you would like to hear more!

Membership

The Membership Committee brainstorms opportunities to reach out to potential members, tends to the needs of current MWP members, and responds to member questions and concerns. This is the committee that helps and encourages members to “get plugged in” to the many opportunities that are available. Such as:

- Hosts the annual Wine & Chocolate Fall Gathering, which provides a fun opportunity for networking and serves as an event to introduce MWP to potential new members
- Greets new members and reaches out to those interested in becoming more involved
- Coordinates volunteer interest and needs
- Periodically surveys MWP members on issues that help us to improve the organization

This is a very creative, fun-loving and can-do committee! Much focus is going towards expanding our visibility in the professional community, so potential members know about our unique organization. Contact Susan Whalen, chair, at whalen.susan@comcast.net if you would like to hear more! (Susan is known to reward committee members with homemade jam!)

Marketing & Communication

One of the main goals for the Marketing and Communication committee is gaining a greater presence in the social media world. We began this process last year by joining LinkedIn, the largest professional network. This year, we plan to launch MWP Facebook page at the Wine and Chocolate Event in October. This page will allow our organization to stay connected with other MWP members through photos, posts, and events. Please find us on Facebook and LinkedIn and help us stay connected! If you would like to participate in this committee, please contact Hanin Ailabouni, chair, at hanin.ailabouni@gmail.com.

Professional Development

This is an opportunity to express your creativity. Think out of the box about programs you have always dreamed about and have the opportunity to have these dreams come true. We are interesting, energetic, creative and love creating new offerings that will stimulate and engage our membership. The more involvement we have the more programs we can provide. Events that this committee plans includes the MWP Growth Series, the Mentoring Program, the Private Practice Group, the Brown Bag Events, and Workshop & Retreat offerings. This is an interesting & energetic committee at the heart of MWP! Contact Ruth Markowitz, chair, at rumark@aol.com if you would like to hear more!

Volunteer Opportunities

Not sure where where to get connected? Contact Laura Tripet Dodge at laura@lauratripetdodge.com with questions.

EVENTS & HAPPENINGS

♦ ***MWP Student Group***

If you are a student in the mental health field...Join our new MWP student group!

The group will offer support to students, discuss topics such as practicum, internship, licensure, and build connections with fellow MWP members.

If you are interested please contact Michelle Purtle at michelle.sexton26@gmail.com

♦ ***Photographer***

The MWP Marketing & Communications committee is looking for members to take pictures at events/groups. These pictures will represent MWP on the MWP Facebook page and in future publications. If you have an interest in this, please contact one of the Marketing & Communication committee members:

Beth S. - bsiegel0618@gmail.com

Leslie H. - leslieminnesota@gmail.com

Hanin A. - hanin.ailabouni@gmail.com

Michelle S. - michelle.sexton26@gmail.com
www.facebook.com/mnwomeninpsychology

♦ ***Annual Annual Wine & Chocolate Event***

Date/Time: Tues., Oct. 29th, 5:30-8:30 PM

Location: Old Arizona, 2821 Nicollet Ave S, Minneapolis, 55408.

This event is open to all MWP members and their guests. This is a great time to connect with other MWP members, as well as introduce our organization to your colleagues.

This year, any member bringing **three guests** or more will receive **free admittance to one MWP Growth Series**.

This year's event will also see the addition of a Silent Auction, whose proceeds will go towards rebuilding the Scholarship/Supervision Fund.

We hope you'll join us! A web invite will be available soon.

For more information, contact [Susan Whalen](mailto:whalen.susan@comcast.net) at whalen.susan@comcast.net.

♦ ***Mentor/Mentee Meet and Greet Event***

Date/Time: Tues., Nov. 12th from 7:00-9:00 PM

Location: 3249 Humbolt Ave S, the home of Kathy Johnson.

Anyone interested in mentoring or being mentored needs to send in a bio to Susan Johnson at wmpsychlgy@aol.com so it can be listed on the website. This way people can read about each other before the personal meeting. If you are interested in this you need to also attend the session in order for selections and matches to be made. The meet and greet event is an essential part of the Mentor/Mentee Program and we do this once a year.

RSVP's are needed for this event and should be sent to Ruth Markowitz at rumark@aol.com.

♦ ***Happy Hour Connections***

Consistent with this year's theme for MWP, we launched a Happy Hour in July at Psycho Suzie's. The response was good and it provided an opportunity for members to meet informally and just converse. We plan to have future social gatherings to promote members getting to know one another. There will be several MWP executive committee members at each gathering to kick off each event. Keep your eyes open for the next social gathering. Hope to see you there!

♦ ***Learning Opportunity***

Learn about the upcoming 2015 Mandate and Electronic Health Records on October 25th put on by Minnesota Counseling Association Fall Conference in conjunction with Trisha Stark, Kristin Fiedler, Pam Luinenburg, and Annie Schwain. For more information, contact the MNCA or myself at annie@vodacounseling.com. Hope to see you there!

♦ ***Outside the Metro***

Just because you don't live in the Metro doesn't mean you can't be an active part of the MWP! MWP would like to establish networking opportunities throughout the state of Minnesota. Also, Executive Committee meetings can be Skyped to members who are not able to make it to meetings because of distance. If you would like to organize an event in your hometown, please contact Erin Kelly at erin@erinkellycounseling.com for support and information.

SPOTLIGHT ON... Social Action Book Club

Since 9/11, the MWP Social Action Book Group has focused on books about the experiences of immigrant populations and the issues that have brought them to this country and our communities. Much of this reading has been “serious” (and sometimes difficult), although we also read some “lighter” books, and all of the books teach us about the strengths and resilience of people in these other cultures.

We meet quarterly, usually on the second or fourth Saturday of the month in March, June, September, and December, from 1:30 to 3:00 in the afternoon. The meetings take place upstairs at the Black Bear Crossings Café in Como Park, 1360 Lexington Parkway N, in St. Paul.

We are always glad to have new participants bringing new experiences of their own, and we encourage MWP members who are interested to join us, for one book or for many.

Group Readings

The Spirit Catches You and You Fall Down, by Anne Fadiman (Hmong)

The Sewing Circles of Heart, by Christina Lamb (Afghanistan)

Terror in the Name of God, by Jessica Stern (many countries including US)

Moonlight on the Avenue of Faith, by Gina Nahai (Iran)

The Scalpel and The Silver Bear, by Lori Arviso Alvord, MD (Southwest US Native American)

Portrait in Sepia, by Isabel Allende (Chile)

Somalia - The Untold Story: The War Through the Eyes of Somali Women, by Judith Gardner (Editor), Judy El Bushra (Editor); and New Beginnings Bilow Cusuk, by students at the College of St. Benedict, edited by Mary Jane Berger, OSB

Music Through the Dark, by Bree Lafreniere (Cambodia)

How the Garcia Girls Lost Their Accents, by Julia Alvarez (Dominican Republic)

Persepolis and Persepolis 2, by Marjane Satrapi (Iran)

Ladies Coupe, by Anita Nair (India)

No God But God, by Reza Aslan (Islam)

The Namesake, by Jhumpa Lahiri (India)

Asian American X, ed by Arar Han & John Hsu (many Asian countries)

The God of Small Things, by Arundhati Roy (India)

Infidel, by Ayaan Hirsi Ali (Somalia)

The Bonesetter's Daughter, by Amy Tan (China)

The Woman Warrior, by Maxine Hong Kingston (China)

Diary of an Undocumented Immigrant, by Ramon “Tianguis” Perez (Mexico)

The Middle of Everywhere, by Mary Pipher (many countries)

Under the Lyon's Gaze, by Maaza Mengiste (Ethiopia)

The Thing Around Your Neck, by Chimamanda Adichie (Nigeria)

The Little Bee, by Chris Cleave (Nigeria)

Three Cups of Tea, by Greg Mortenson (Pakistan, Afghanistan)

The Inner World of the Immigrant Child, by Cristina Igoa (many countries)

Bravo Your Life, by Mi Soon Burzlaff (Korea)

The Latehomecomer, A Hmong Family Memoir, by Kao Kalia Yang (Hmong)

Shanghai Girls, by Lisa See (China)

A Good Indian Wife, by Anne Cherian (India)

Major Pettigrew's Last Stand, by Helen Simonson (Pakistan)

I am Nujood, Age 10 and Divorced, by Nujood Ali and Delphine Minoui (Yemen)

The Faith Club: A Muslim, A Christian, A Jew--Three Women Search for Understanding, by Ranya Idliby, Suzanne Oliver, and Priscilla Warner (multiple countries)

The Butterfly's Daughter, by Mary Alice Monroe (Mexico)

Married to a Bedouin, by Marguerite van Geldermalsen (Jordan)

Together Tea, by Marjan Kamali (Iran)

*For more information, contact MWP member
janewhiteside@earthlink.net.*



WINE AND CHOCOLATE EVENT OCTOBER 29, 2013

“This is a *great* time to re-unite with old friends and welcome new ones! We hope you’ll join us!”

Photos from the 2012
Wine & Chocolate Event



Welcome New Members!

Wendy Baker, LAMFT
Carrie Sweetser
Lucy Grantz, LMFT
Sheilah Howard
Patricia Long-Brohm, LICSW
Renee Segal, LMFT
Rebekah Brandvold, LMFT
Nicole Scales Lindberg, LICSW

Peggy Trezona, MS, RN, CS
Jessica Ellison
Donna Anderson, LICSW
Erin Kelly, LPCC
Sandy Sondell, Ph.D, LP
Lisa Wald, LICSW
Mary Kittelson, LP
Wendy Sweeny, MA, LP

Sandy Sample, LMFT
Melia McCubbin, LICSW
Jennifer Fallon, LP
Linda LaBarre, MA
Patricia Ward
Mihaela DeLorenzo
Kimberly Esau, LMFT
Emily Fields, Psy.D, LP

Membership Information

Regular Membership in MWP is available to women who hold either a Master’s or Doctoral degree in one of the fields of psychology or a related field (e.g. counseling & guidance, marriage & family studies, human services, social work, psychiatric nursing, etc) from a regionally accredited institution or have been licensed in Minnesota in one of the fields of psychology. This includes Psychologists, Social Workers,

Marriage & Family Therapists, Licensed Professional Counselors, Licensed Professional Clinical Counselors, School Psychologists and Counselors, and Clinical Nurse Specialists.

Student Membership is available to women in graduate programs in one of the fields of mental health. Student members are able to fully participate, but do not have voting privileges.

Annual dues are based on a sliding scale according to the annual income of the member, currently ranging from \$30 to \$80 per year.

Membership applications are available by calling the MWP office, 612.296.4060 or email at WmPsychlgy@aol.com or on the website at www.mnwomeninpsychology.org.

2013 - 2014 EXECUTIVE COMMITTEE

Hanin Ailabouni
Leslie Hong
Kathy Johnson - Vice Chair
Denise Kautzer - Treasurer
Erin Kelly
Ruth Markowitz
Bonnie McMillin
Michelle Purtle
Beth Siegel
Cathy Skrip - Chair
Susan Whalen

Newsletter Editor:
Erin Kelly, LPCC
erin@erinkellycounseling.com

Production Coordinator:
Susan Johnson
WmPsychlgy@aol.com

In the next issue...

- Remembering Dorothy Loeffler, MWP Founding Mother
- Recap of the Annual Wine and Chocolate Event
- Update on the Mentor/Mentee program
- Outline of future learning opportunities
- and more...

Submissions are needed for the quarterly MWP newsletter! If you enjoy writing and want to be a part of this publication, please email Erin Kelly at erin@erinkellycounseling.com.

The MWP Newsletter is published four times a year by Minnesota Women in Psychology for its members. Deadlines for submissions are: September 1, December 1, March 1, and June 1. All articles and announcements may be edited to conform to space limitations or to improve clarity, without permission of writers. Contributors are given credit via byline.

Thank you contributors...

Laura Triplet Dodge	Diane Kautzer	Susan Whalen
Cathy Skrip	Ruth Markowitz	Michelle Purtle
Jane Whiteside	Hanin Ailabouni	Kathy Johnson

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