

2013 February Newsletter Article by Michelle Purtle

Minnesota Women in Psychology: Networking and support for all women in the mental health professions.

According to our mission, Minnesota Women in Psychology is committed to furthering the psychological, social, and emotional well being of women in the mental health profession. It will do this by promoting the professional development of women in psychological professions, informing members about ideas and issues that affect women, developing network and support group systems, and taking action in the best interest of Minnesota women.

We are able to meet these goals through the support of our members. As you all know, MWP is a volunteer organization. There are many ways to get involved; each of which offer opportunities for professional development, networking, and support. Whether you're looking for a short time commitment, or something more long term; we have many opportunities! These opportunities could include volunteering at a specific event, participation on a committee, planning or hosting an event, or taking on a leadership role as part of the Executive Committee. Nominations and Elections for the Executive Committee take place in the spring. The Executive Committee is presented to members during the Annual meeting in April. Executive Committee members participate in monthly board meetings, and on a Committee of their choice. In contrast, Committee members can join at any time, and participate in Board meetings every other month. Committees available include Membership, Professional Development, Marketing & Communications, and Finance. Each committee has unique opportunities to volunteer. On Membership, the focus is bringing in new members, and connecting with existing members. There are opportunities to plan events such as Wine and Chocolate! The Professional Development committee includes the Quarterly Growth Series, Mentoring, and Fall Retreat. Marketing and Communications allows you to reach out through the newsletter and social media to keep members informed. The Finance Committee works to provide a budget for the organization, programming, and events. As a member of MWP, you have the chance to participate in some of the ongoing programs including the Social Action Book Group, Private Practice Group, and Brown Bag Lunches. We welcome you to participate in any way that you can! We are excited by the prospect of the new opportunities, ideas, and knowledge that each of our members can bring to the table. It is our membership that keeps MWP supporting, growing, and networking with women in the Mental health professions.

