

Minnesota Women in Psychology April 2002 Newsletter

Celebrate

Minnesota Women in Psychology's

25th Anniversary - 1977-2002

with speaker and honored guest

Judith V. Jordan, Ph.D.

addressing

25 Years of Women in Psychology

Thursday, May 16, 2002

4:00 – 9:30 pm

Wyndham Minneapolis Airport Hotel

Bloomington, Minnesota

Mark Your Calendar

- ! **Wednesday, April 10, 6:30 – 8:30 pm**
Steering Committee Meeting, Jane Whiteside's home
- ! **Sunday, May 5, 4 – 6 pm**
Steering Committee Meeting, Skye Payne's home
- ! **Thursday, May 16, 4 – 9:30 pm**
MWP's 25th Anniversary Celebration with Judith Jordan

Contributors to this Issue

Beth Carlson
Sue Eckfeldt
Claire Grubich
Meredythe McCarthy
Sue Scott
Dawn Ulrich
Ferris Fletcher

INSIDE . . .

Conference on adolescent females to be held this month

**More about Judy Jordan in
preparation for 25th anniversary**

**Read about the winter colloquium content, thanks to Meredythe McCarthy's
summary**

. . . and much more

Notes From The Chair

As you all may remember, I was whining in the last newsletter about the lack of snow and the lack of opportunity to take part in the winter outdoor activities to which I am accustomed. After I wrote the last chair's corner, I drove up to northern Minnesota and had a lovely time dog sledding with six other women from numerous places in the United States. It was truly invigorating, absolutely delightful, and wonderfully connecting as I visited with these other women that I had never met in my life before. It was a well deserved break from the busier than normal schedule at my greater Minnesota private practice. I know that all of your schedules are busier than normal as well, and I do hope that you take care of yourselves in ways that you find invigorating, delightful, and connecting.

This past weekend, I was in my element as we had a very sweet little blizzard. As is typical, I was driving around the countryside, enjoying every snowflake and desiring more of this beautiful fluffy stuff. I also found this invigorating and delightful. On Saturday, I drove up to the Twin Cities with the newly printed 25th anniversary invitations and met with the Anniversary Committee to begin the long process of putting the invitations together and then stuffing the nearly 800 envelopes. This number represents present and past members. I found a wonderful connection with these women as we worked together diligently to get the mailings out to the post office. We were laughing, we were sharing, we were connecting, we were silent, we were supportive, we were supported, we were there as Minnesota Women in Psychology, working toward a common goal.

I want all of us as Minnesota Women in Psychology to experience what many of us have already and continue to experience with this organization. We would love to have you become a member of the Steering Committee, join a working committee, participate in a colloquia or retreat, or join us at the 25th anniversary celebration of Minnesota Women in Psychology. Minnesota Women in Psychology is a great organization to celebrate.

In Sisterhood,

— Dawn Ulrich

Welcome, New and Re-joining Members!

Chris K. Church
Marianne Kelley
Holli M. Kelly
Helen A. Kosobayashi
Ann C. Manning
Mary Ann McLeod
Jennifer Nash-Wright
Myrna A. Yenter

Social Action Committee Update

Social Action is continuing its support of the Minnesota Conference on Adolescent Females (this year taking place on April 18 and 19--see MCAF page in this newsletter) by providing financial support to some of the girls who participate in the program and by hosting a "networking" table during the lunch hour. In addition, we are continuing the MWP Social Action Award that was started in 2000, although this year at a reduced funding level due to MWP's tight budget situation. A nomination form for the award is included with this newsletter, and we encourage members to think of and nominate organizations that are deserving of this award (individual members can nominate more than one organization).

As always, please let us know if you are interested in being involved with any of MWP's Social Action activities.

— Judith Lies and Jane Whiteside, SAC Co-chairs

Professional Issues Committee Update

The Professional Issues Committee met in January to discuss developing new mentoring opportunities within MWP. Some of the ideas thrown out included:

- ÿ Mentoring -- Develop a list of MWP members willing to be mentors, distribute this list to interested students and new professionals for the "protégés" to use in contacting possible mentors (mentor would be removed from the list once a connection with a protégé occurred); commitment would be limited to an initial get-together but could be continued if both mentor and protégé wanted to do so.
- ÿ Consultation Network -- Develop a list of MWP members willing to serve as a free, one-time resource on a professional issue they had a special knowledge in.
- ÿ Peer Connections -- Facilitate more peer support connections (e.g., informal meetings to talk about a specific professional issue; book group; develop a "bulletin board" on the web where members could post questions or useful information to share with others, e.g., "do you know of any good software programs for keeping track of client appointments?").

If you are interested in participating in planning regarding these mentoring/consultation opportunities, we'd love to have you at the next meeting (currently planned for Tuesday, April 2nd, 7:00pm, Blue Moon Coffee Café on East Lake Street. Contact Beth Carlson (612-330-1136 or carlson2@augsborg.edu) if you are interested in attending the April meeting (there is a possibility it may need to be rescheduled due to attendance).

You will soon find in the mail your copy of the MWP publication, "Navigating the Board Complaint Process: A Guide for Minnesota

Psychologists" authored by ethics consultant Janet Thomas, Psy.D., LP. The booklet is in final production stages.

— Beth Carlson, PIC Chair

Personal Development Committee Update

The primary role of the Personal Development Committee (PDC) is to provide events and activities, alone or in conjunction with another MWP committee, to enhance members' personal and professional growth and interest. The PDC encompasses the following committees: Annual Meeting, Retreat, Colloquium, New Member Reception and Orientation, and special interest groups. If you are interested in volunteering on any of these committees, or would like more information about any or all of them, please contact Sue Scott or any Steering Committee member. The vitality of MWP depends on members' involvement.

— Sue Scott, PDC Chair

Elections

There are five vacancies on the Steering Committee and one person nominated. The Steering Committee would appreciate other volunteers for the Steering Committee, or volunteers to run committees like the Annual Meeting or Elections. If more leadership volunteers are not found, hard decisions will have to be made about what activities can continue. Please call Sue Eckfeldt, 651-644-2267, or the MWP office, 952-920-9606, or other Steering Committee members if you have interest or questions about this.

Newsletter Editor Resigns

Ferris Fletcher, MWP *Newsletter* editor for the past five years, has announced that next year will be her last year in this position. She would like to spend the year making a transition to a new editor, so volunteers for this position are being sought.

The *Newsletter* editor attends Steering Committee meetings as a full member who can be appointed or elected, and supervises the production of five newsletters per year. The current *Newsletter* staff includes an assistant editor, a books editor, a greater Minnesota columnist and the person who does most of the work, Eunice Slager. At other times in the history of the *Newsletter*, an advisory committee helped suggest directions for the *Newsletter*. Therefore, this is not necessarily a lonely, exhausting job.

Please contact Ferris Fletcher at 952-546-7056 or the MWP office at 952-920-9606 or any Steering Committee member if you are interested in gathering more information about this opportunity to be involved in MWP.

A Warm Winter Colloquium

The following is a summary of "The Stepmother's Dilemma: Helping Her Untie the Knot of Conflicting Relationships," presented by Laurie Powers-Jung, M.A., LP, LICSW, LMFT, on February 22.

The derivation of the word "step" is from the Old English "stoep" which means "bereavement." Being a stepparent is not an easy task. Intentions to *blend* families are limited by the nature of *step*-families. In order to have the system be successful, each parent needs to parent his/her own family. It is the therapist's job to support and help to clarify issues.

Today, one of three American families is a stepfamily. Sixty-five percent of remarriages involve children and form stepfamilies; 32 percent of our children will be in a stepfamily. Most of the parents are a stepfather and a biological mother. Significantly, one of three Americans is now a stepparent, stepchild, stepsibling or some other member of a stepfamily.

The three links stepfamily members have with one another are legal, emotional and biological. The worst fear of the biological child is the loss of the biological parent. However, the child can love more than one parent. It is important for the stepparent to realize that however old the stepchild is when she/he comes into the family, that will be how

long it takes for the stepparent to get to know that child. If the children have problems, it is with the stepmother because she handles the emotional realm.

When the stepchild turns 18, it gets better because 1) legal ties lessen, and 2) the biological child and the stepchild become closer. Ms. Powers-Jung advises to "hang in there and take care of yourself because it does get better." She gave a developmental scheme for the stages of stepmothering.

1. **Fantasy** means courtship, bonding and enmeshment. The mother wants a new partner to save her and the fantasy is intense. She reminds herself she has the pleasure of loving the child.
2. **Confusion** means the fantasy ends and things become conflicted/structural. The stepmother finds herself acting the age of the stepchild. She thinks she is failing, finds her partner cold, feels competitive, threatened and jealous. In order to manage these times successfully, stay away from the ex's battles, set limits with the partner and the children, and let biological and stepchildren negotiate differences.
3. **Crazy Time** means the union is threatened. Re-marriages often fail in the third year. Nurture the relationship and stability rather than investing in parenting the stepchild because the child still has a relationship with the biological parent. It is best to have a good relationship between the step and biological mothers because the biological parent can transfer some authority to the stepparent.
4. **Stability** means crises don't disrupt the whole system. Clarity has been learned and all are invested in the stepchild and biological parent having a good relationship. A good relationship with the ex-spouse makes a huge difference. It is best for the stepmom to build an image to give to the kids of being strong, competent and kind, even if she feels left out of the stepchild's history.
5. **Commitment** means the family feels like an entity, that there is light. The family is not temporary. Stepmothers are the adults and need to consider how they can make life easier for the kids. It is common that when the stepchild begins to feel love for the stepmother, he/she

feels guilty and resentful, while the stepmom really wants the stepchild to like her. Powers-Jung advises to let go of engineering things. Bear in mind, the kids rule the scene, so stepmoms must hit the ground running.

DOs and DON'Ts:

- Don't work too hard to get the child to like you.
- Don't try to be in charge.
- Don't talk negatively about the biological parent. The child thinks you're talking about him/her.
- Don't wear your feelings on your sleeve.
- Don't beg the kids to like you.
- + Do set limits. Stepchildren don't have to like you.
- + Do set limits about how you're going to be: "I'm here to stay. I'll make a home."
- + Do clearly expect the child to be respectful. Civility is good.
- + Do look at the big picture and realize it takes a long time.
- + Do let the stepchild know the love in your heart.

- + Do define the parental roles between the biological parent and the stepparent.

Note: The older the kids are the harder it is to work out rules. Your relationship is with the biological parent, or you have two families under the same roof. Dads are very important in the stepmother's life. They can be supportive by telling her, "Don't take it personally. That must be very hard."

Suggested Resources:

- ÿ www.saaafamilies.org - Dedicated to successful stepfamily living
- ÿ www.stepfamilyinfo.org - Non-profit divorce, remarriage and co-parenting help
- ÿ www.comamas.com - Created by a stepmother and bio-mother who share techniques for how they learned to get along
- ÿ www.secondwivesclub.com - Serving stepmoms and second wives since 1997
- ÿ www.othermother.com
- ÿ www.steptogether.org - Similar to SAA Families

- ÿ *Stepmotherhood: How to Survive Without Feeling Frustrated, Left Out, or Wicked*, by Cherie Burns
- ÿ *The Enlightened Stepmother*, by Perdina Kirkness Norwood with Terri Wingender
- ÿ *Split Ends: Teenage Stepchildren*, by Ruth Weber
- ÿ *Stepfamilies: History, Research and Policy*, edited by Irene Leven and Marvin Sussman

- ÿ *Stepparenting: Issues in Theory, Research and Practice*, by Kay Pasley, Ed.D.

— by Meredythe McCarthy

Notes from Greater Minnesota

In the February 13-26 issue of the *Minnesota Women's Press* (not to be confused with our own MWP organization), Krista Jacob explored the meaning of book clubs as sources of female bonding.

It is a theme which intrigues this writer and has a basis in personal experience. The book club from which an invitation was generated had been organized about eight years earlier. Another woman was similarly invited, and now the recant, when either of us becomes controversial in our statements, is: You are STILL on probation!

But what is most enjoyable in this process and membership is the access to reading that might not have been pursued. The adventures at sea, the return to the classics, the themes of local writers, the ideas of feminists, and the opportunity to lead a discussion have proven to be fulfilling.

Our mix includes mature women who speak of their adult children and of their relationships. They talk about story themes and how they bear on their own lives. They examine their roles in families of origin. They speak of their projected end phases of life, for three are cancer survivors and one recently buried her husband to the same disease.

Our monthly meetings are a source of rejuvenation. The original design included a title around wine tasting and readership. Now there are

creative food offerings, sometimes in the theme of the locale of the book, e.g., *Under the Tuscan Sun*. We had a shore lunch when we explored *Canoeing the Cree* by Eric Severeid, and we introduced local author Judge Mark Munger when we read his mystery, *The Legacy*.

Some controversy arose with the assignment of *Lolita*. Novelty was shown when the group was invited to an evening of discussion of Harry Potter. The grandparent roles were enhanced by the reading! And, needless to say, *The Red Tent* spurred us into discussion of attitudes that today's young women encounter about their physical cycles and accompanying emotionality.

Some of the members are involved in other clubs, too. One is a seasonal member, spending the winters as a snowbird out of Minnesota. Many are retired and from a variety of professions. Several of us remain, for a number of reasons, in the work force.

When membership was opened to this writer, one book club member was hesitant about my being included. Through the months, the tension eased; significant to the September 11 attack and near Christmas, a note arrived by mail which said that the member was indeed glad that this writer had joined the book club.

Indeed, the bonding was intensified.

— Claire D. Grubich

Personal Observations

Audrey Grossman announces her newly formed private practice, Peaceful Heart, created to inspire people to notice feelings and truth, to return to their hearts, and to learn how to love themselves. She reports peace, joy and freedom in following her heart to start this business.

MWP member seeks someone willing to mentor a master's level psychologist looking to go into private practice for the first time. If interested, please call Beth Javinsky at 952-595-7648.

Positions Available

Licensed Psychologist: The Indian Health Board of Minneapolis, Inc. (IHB-M), a Comprehensive Urban Indian Primary Health Care Clinic, has an immediate opening to fill a Licensed Psychologist position. Request will remain open until filled.

Primary responsibilities are to provide individual, group and family psychotherapy to children, adolescents and adults. Also administer psychological testing and provide crisis counseling and referrals. Provide consultation service to social service organizations, county, schools, and court services. Provide after-hours and weekend on-call services on rotating basis. Additional responsibilities include training, consultation, clinical supervision, and services which enhance cultural identity and group esteem.

Requires a master's degree in clinical or other applied psychology, licensed in the state of Minnesota, and at least 3,000 hours of previous experience and training in clinical assessment and counseling of children, adolescents and adults. Must be knowledgeable and respectful of the American Indian culture.

Indian Health Board of Minneapolis, Inc., is a committed Equal Opportunity Employer and is also an Indian preference agency under the provisions of Public Law 93-638. Please mail your resume to Human Resources, Indian Health Board of Minneapolis, Inc., 1315 E. 24th Street, Minneapolis, MN 55406, or fax it to 612-721-7870. FFI: 612-721-9800.

Space Available/Wanted

Offices for Rent: Two private offices available in charming Longfellow neighborhood building. Suites share work room, copier, kitchenette/conference room. Utilities included. Rent one or both. Each \$300/month. FFI: 612-722-1202.

iii

Space Available: Historic building just remodeled with healing in mind. Single offices available immediately, reserved parking, waiting room. Contact Dr. Mic Hunter, 357 E. Kellogg Blvd., St. Paul, 651-224-4335.

iii

Space Wanted: Seeking office space to rent or share, one to three days a week in the western/southwestern suburbs. If you have space or are looking for someone to share space with, please contact Beth Javinsky at 952-595-7648.

Letter to the Editor

To Minnesota Women in Psychology:

On September 25, 2001, I sent the [following] letter to the Minnesota Board of Psychology. I thought you might find the contents interesting, perhaps even worthy of publication in your newsletter.

(Editor's Note: The following are summaries and excerpts from Dr. Reinhardt's letter in which she "voluntarily terminat[es] her license to practice psychology in the state of Minnesota." Due to space limitations we could not publish the letter in its entirety. Thank you to Beth Carlson for her summary below.)

Concerns about the profession of psychology:

- "...psychology's decision to practice within the medical model, thereby forsaking 'psyche' (soul) in service of 'logos' (mind), has led to the use of diagnostic categories and insurance reimbursement at the expense of (he)art and soul."
- On confidentiality standards from the APA's Code of Conduct and current insurance reimbursement practice: "Today the minimum usually includes considerably more, down to minute details of one's personal life, all of which is virtually available to anyone with a knack for

hacking. We need to decide if we want a true standard of confidentiality, or this other thing which is so subject to the winds of the prevailing conditions.”

- Implications of using insurance for clients: “most clients...do not understand all of the implications...; they will be diagnosed with a ‘mental disorder’ which could impact their insurability in the future (including their physical health benefits)....”

Concerns about the Board of Psychology:

- “Why do I not hear the Board challenging the contracts its own licensees are signing with HMO’s, contracts which virtually eliminate the most fundamental tenet of the therapeutic relationship—confidentiality?”
- Lack of “respect, courtesy, and humanity” in treatment of licensed professionals by the Board, including example of recent special invoice from the Board received only eight days before it was due.
- Concerns that the Board adds to the “ ‘field of fear’ which surrounds our health care system—the mental health care system in particular—and inhibits the healing process.” “...all too often the Board has seemed to be overly punitive and shaming when humanity and humaneness are what are called for. To the extent that the Board’s role is to ‘protect the public,’ I would argue that it achieves just the opposite when it creates a field of fear within which its licensees are expected to be compassionate and caring with their clients.”

Suggestions for making some “needed changes”:

- Fee-for-service practice – “I have set a fee low enough to allow most people to do this, and have occasionally negotiated lower fees.... Though the result has been a smaller income, the freedom from the stresses of writing countless prior authorizations for little reward and the possibility of being asked to repay what fees I have collected has been well worth it.”
- Formal networks – “...if psychologists/therapists banded together in a formal way, they could potentially create a system which would

directly challenge the HMOs' practices." (example of MD's in California at www.INDOC.com)

- Changing CEU system for licensure – “I think a better system might include: mandatory participation in a peer consultation group..., as well as continually changing seminars in ethics, provided directly by the Board.... These same groups might also be responsible for reading books and watching videos on the latest therapeutic advances, and then practicing the new skills together.”

- A new model for resolving Board complaints: “...a mediation/reparations one, rather than a litigious one, in which the complainant and the licensee could meet, with a neutral third party, and attempt to resolve the problem by listening to each other and developing a plan for reparations.... If the matter becomes litigious, there should be recourse to some kind of appeals process; currently, the Board is the only and final authority in these matters.”

Sincerely,

Laurel Ann Reinhardt, Ph.D.

For Your Information

*In this section, **For Your Information**, we print items of particular interest to women psychologists, MWP members, and women clients. Most of the programs listed here for professionals offer CEU's for psychologists, or have applied for them. Be sure to confirm before registering, if CEU's are important to you.*

Items for this section are limited to approximately 30 words; exceptions for that policy are made for non-profit organizations which serve primarily women (e.g., YWCA, Women's Consortium, Continuing Education for Women, etc.).

*A special service **for members of MWP** who are offering services, events: you may contribute items for **For Your Information** irrespective of whether the event is aimed for women. All other events (those which are not presented by MWP members) must be of particular interest to women in order to be included here. The Editor often uses her own judgment in determining if the event is of particular interest to women, e.g., events which address issues of families and children.*

Friday, April 5

8 am – 4:30 pm

**Angry and Difficult Children
and Adolescents**, presented by
Robert Brooks, Ph.D. A new

Minneapolis approach for promoting self-control, self-

discipline, resiliency, hope and motivation. At the Mpls. Convention Center. FFI: 413-499-1489.



Friday-Saturday
April 5 – 6
8:30 am – 5 pm
St. Paul

Marital Therapy: A Research-Based Approach, presented by John Gottman, Ph.D. Topics covered include the seven bad habits of ailing marriages and what is a healthy mar-

riage. At the St. Paul Radisson. FFI: 888-523-9042.



April 5 – 6
May 3 – 4
Minnetonka

Thought Field Therapy, Level I & II. Workshops presented by Jill Strunk, Ed.D., LP, MWP member. Learn to use TFT in the treatment of

fear, anxiety, phobias, addictive usages, and more in Level I; of depression, shame, rage and more in Level II. FFI: 952-936-7547.



Sunday, April 7
4 pm
St. Paul

Healing What Can't Be Cured. The Center for Grief is honored to present a special evening with Rabbi Harold Kushner, author of numerous

books, including *When Bad Things Happen to Good People* and, most recently, *Living a Life that Matters*. Open to the community and free of charge. At Mount Zion Temple in St. Paul. FFI: 651-641-0177.



April 9, St. Paul
April 11, Mpls.

Oppositional Teenagers, with Eliot Kaplan. FFI: 800-220-4467.



Friday, April 12
8:30 – 4:30
Bloomington

The Treatment of Anger, Rage and Hatred, with six presenters, including Christine H. Baldwin, Psy.D., LP, MWP member.
Topics include

Clinical and research perspectives. At the Ramada Inn, Bloomington. FFI: MPA, 612-697-0440.



Friday, April 12
8:30 am – 4 pm
Minneapolis

Pregnancy Loss and Infertility: Current Theory and Intervention Strategies, by Deborah Rich, Ph.D., LP, MWP member. This course

moves beyond treating women and couples for grief and depression by addressing the traumatic stress involved with pregnancy loss, and the chronic illness-like issues that often accompany dealing with infertility. At Chrysalis. FFI: 612-870-2423.



Friday, April 12
8:30 – 4:30
St. Paul

Treating Trauma: The Lasting Effect of Child Abuse and Adult Violence. John Briese, Ph.D., inter-nationally known trauma specialist,

presents recent findings on affect deregulation, avoidance responses, suppressed trauma related thoughts and schema, and appropriate interventions. At the Earle Brown Center, Univ. of Minnesota.



Friday, April 12
8 am – 4:30 pm
St. Paul

Integrative Family Therapy, MN Association for Marriage and Family Therapy's 16th Spring Conference. With William C. Nichols, Ed.D. FFI:

Sandy Latts, 952-944-6164.



Sat., April 13
9 am – 4:30 pm
St. Paul

Developmental Supervision,
MAMFT's spring conference,
with William Nicols (above) and
Mary Ann Nicols. FFI: 952-944-
6164.



Sunday, April 14
All day

**Heal Your Life – Achieve Your
Dreams.** A retreat for women,
mothers, lovers, sisters,
daughters,

and businesswomen to re-connect with the inner voice of their own hearts. FFI: 952-
935-1491.



**Thursday –
Fri.**
April 18 – 19
Minnetonka

The Twelfth Minnesota
Conference on Adolescent
Females, **Freedom to Be Me:
Girls on a Limitless Path** (see
insert). FFI: 651-646-5060.



Thurs., April 18
Bloomington

**The Diagnosis and Treatment
of Attachment Disorder:
Children Who Shock and
Surprise.** Presented

by Liz Randolph, M.S.N., Ph.D. Lear symptoms of attachment problems, assessment,
research findings, differential diagnosis, and treatment strategies. At the Holiday Inn.
FFI: 888-704-8774.



Friday, April 19
9 am – Noon
St. Paul

**Update on Obesity
Management,** present by Scott
Crow, M.D., and Carol Peterson,
Ph.D., LP. Review of emerging
treatment strategies that

hold promise. An MPA Friday Forum Encore, at Metro. State University. FFI: 651-
697-0440.



Tuesday – **2002 Child and Adolescent**
Weds. **Mental Health Conference –**
 Discover the Possibilities, with
April 23 – 24 Dr. David Satcher, US Surgeon
 General, and
Duluth

Dr. Eli Newberger, keynote speakers. MWP members will present: Julie Tilsen, M.A., LP, on Battling Burnout, Char Ryan, Ph.D., LP, on Criteria for E/BD, and Kathy Samilo, M.A., LP, on Biofeedback. At the Duluth Entertainment Convention Center. FFI: 651-644-7333.



Thursday – The **Center for Grief** is hosting
Fri. a two-day intensive conference
 on the psycho-social impact of
May 2 – 3 grief. Topics will include: trauma
 reactions, suicide, undefined
9 am – 4 pm loss, how kids grieve, end

St. Paul

of life issues, facing one's own death, self-care, and redefinition. At the Center for Grief. FFI: 651-641-0177.



Monday – **Dialectical Behavior Therapy,**
Tues. presented by Shari Manning,
 Ph.D., and Thomas Lynch, Ph.D.
May 6 – 7 Comprehensive introduction to
 DBT as used in
Bloomington

The treatment of borderline personality individuals. At the Wyndham Minneapolis Airport Hotel. FFI: 206-548-9255.



Thursday – **Angry and Aggressive**
Fri. **Behavior: A Life-span**
 Treatment Approach, presented
June 6 – 7 by Donald Meichenbaum, Ph.D.

St. Paul Treating juveniles and adults.
FFI: 203-852-9504.



Friday, June 7
9 am – Noon
St. Paul **Temporary, Permanent,
Anticipated and Unexpected
Absences from Practice:
Planning for Continuity of
Care.** Presented by Janet T.

Thomas, Psy.D., LP, MWP member. Help anticipate interruptions or absences from practice and prepare mechanism for continuity of care. An MPA First Friday Forum, at Metro. State University. FFI: 651-697-0440.

Groups/Workshops for Professionals

Enneagram Workshop for mental health professionals, by Margaret Churchill, M.A., MWP member. Participants will learn about nine personality types and the disorders most likely associated with each, and use of the enneagram in treatment planning. Six Friday afternoons, April 12 to May 17, 1–4:30 pm; 18 CEUs. FFI: 612-721-0309.

iiii

Art Therapy Consultation Group will start Spring 2002. Tailored to the needs of participants, each group includes hands-on techniques, case consultation, and basic art therapy theory. Six two-hour groups will be scheduled one Saturday morning per month. Cost is \$45 per session or \$250 for the series. FFI: Joan Ungar, 612-782-9895.

Client Groups Available

After the Breakup, Wednesdays, April 10–May 29, in Minneapolis. Eight-week group for women regarding the impact of ending a marriage or significant relationship. FFI: Sandee Koch, 612-823-2063.

iiii

Psychomotor Therapy Group for men and women. Mondays, 4–6:30 pm. An experiential therapy group using symbolic interactions with historical figures and ideal figures to resolve past traumas and create

new symbolic memories and new expectations for the future. FFI: Julie Kogan-White, 651-649-2625.

iii

Chrysalis offers short-term therapy groups for incest and sexual abuse survivors and for women moving through the grief of divorce, and long-term therapy groups about mixed issues, DBT, and DBT Phase II – Depression. FFI: 612-871-0118.

iii

Jewish Family and Children's Service of Minneapolis offers many workshop for clients, including grief support, caregiver support, divorce, special needs children, and many more. FFI: 952-546-0606.