



# Minnesota Women in Psychology

## February 2006

*Committed to furthering the psychological, social and emotional well-being of all women.*

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### **IMPORTANT ANNOUNCEMENT AND INVITATION: PLANNING PROCESS TO DETERMINE THE FUTURE OF MWP ON MARCH 18<sup>TH</sup>!**

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**D**ear Friends and Members of MWP:

MWP needs YOU, and we hope that you need MWP! We are writing as the Steering Committee to let you know important information about the current state of the organization and invite you to help shape the organization's future, including helping us address questions about MWP's ability to continue to exist.

#### **Mark Your Calendar**

-  **February 2, 2006**  
Fireside Chat—6:15 - 9:15 PM  
Judith Lies - "Mindfulness"  
Colonial Church, Fireside Room  
6200 Colonial Way, Edina, MN
-  **Sunday, February 5, 2006**  
MWP Steering Committee Meeting  
10:00 AM—12:00 PM  
Dunn Brothers Coffee-Edina
-  **Saturday, February 11, 2006**  
Private Practice Interest Group  
Black Bear Crossing Coffee House  
9:00 - 11:00 AM.
-  **Wednesday, March 1, 2006**  
Deadline for  
Group Directory Submissions
-  **Saturday, March 11, 2006**  
Private Practice Interest Group  
Black Bear Crossing Coffee House  
9:00 - 11:00 AM.
-  **Saturday, March 11, 2006**  
Book Group  
Barnes & Noble Café, Edina  
2:00 PM
-  **Saturday, March 18, 2006**  
MWP All Day Gathering  
9:00 AM - 5:00 PM

As you may be aware, recent newsletter articles and this year's membership renewal mailing focused on the benefits of MWP membership and inviting members to respond to current opportunities for leadership and/or committee work. While MWP's overall membership remains strong, we are currently facing a situation in which there are not enough leadership resources to sustain the organization's current level of activities and structure. Similarly, while MWP has programming in place for the current year and some limited human resources to implement it, we are greatly concerned that we do not have enough people in leadership to implement future programming.

MWP's current governance structure requires a Steering Committee of no fewer than 10 (and no more than 15) persons, as specified in our constitution. This size (10-15) provides enough human resources to have leadership for the primary committees (personal development, professional issues, social action) and for areas such as membership, elections, newsletter, treasury, archives, web site, and scholarships. Currently there are five Steering Committee members. This leaves key positions vacant. For example, there is no one on the Steering Committee who is able to take on the additional responsibility of newsletter editor at this time. Since the current situation is unsustainable, MWP is facing the choice of either revamping itself to correct this situation or closing its doors.

We believe it is important at this juncture to have an organization-wide process that plans for the future of the organization, including its continuance. Towards this end, the Steering Committee would like to convene a group of members that would work with an outside consultant to determine and implement an organizational planning process with the membership. **Any and all MWP members who would like to participate in this group are invited to attend a full-day planning conference on Saturday, March 18<sup>th</sup>, 2006, from 9 AM – 5 PM.** After interviewing several outside consultants and reviewing their recommendations, the Steering Committee has chosen this initial course of action and selected a consultant, Cindy Reuther, to

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## Newsletter Editor: Position Open

Production Coordinator: Susan Johnson  
WmPsychlgy@aol.com

Web Site: [www.womenpsychologists.org](http://www.womenpsychologists.org)

The MWP Newsletter is published five times a year by Minnesota Women in Psychology for its members. Deadlines are: September 1, November 1, January 1, March 1, and May 1. All articles and announcements may be edited to conform to space limitations or to improve clarity, without permission of writers. Contributors are given credit via byline. Email articles and items of interest to WmPsychlgy@aol.com, fax to 763-413-6947 or mail to MWP, 2040-166th Lane NE, Ham Lake, MN 55304-5414.

**Advertising Guidelines:** Ads must be of interest to women psychologists, and MWP reserves the right to reject or edit advertising. Publication of any advertising does not constitute endorsement; advertising by psychologists must follow APA guidelines. Cost: Ads will be accepted in increments of business card size (2" x 3 1/2"); cost of one business-card-size ad is \$20, two—\$35, three—\$50, four—\$60, etc., up to \$100 for 8-card-size, equivalent of a full-page ad. All advertising must be prepaid. Procedures: Ads must be camera ready and fit the requirement of increments of business card size. Submit by the newsletter deadline to: MWP, 2040-166th Lane NE, Ham Lake, MN 55304-5141, 763-413-6947.

### 2005-2006 Steering Committee

Heidi Sauder, Chair  
Sarah J. Egbers  
Sara Gurganus  
Andrea Northwood  
Amy Swanson

Membership in MWP is available to those who hold either a Master's or doctoral degree in psychology from a regionally accredited institution or have been licensed as psychologists in Minnesota, and others who support its mission. Membership applications are available by calling the MWP office, 763-413-6947.

## Notes From The Chair

Dear Minnesota Women in Psychology,

Minnesota Women in Psychology needs your assistance. As you have noticed, the current Steering Committee is comprised of only five members and past calls for participation have resulted to date in only one MWP member actively stepping forward to participate in leadership and planning for the organization. Given this current lack of interest in leadership, the Steering Committee has hired Cindy Reuther as a consultant to guide a search for willing participants interested in planning the future of the organization should such a future prove viable.

Please take **extra care** to read the letter from the Steering Committee enclosed in this edition of the Newsletter. The letter outlines MWP's plans for a day long planning process conference on March 18<sup>th</sup>, 2006. If you are interested in the viability of MWP please contact me by **March 1<sup>st</sup>**, 2006, with your commitment of time and resources at **WmPsychlgy@aol.com** or 763-413-6947.

In Health,



Heidi A. Sauder, Ph.D.  
Licensed Psychologist

## Welcome New Members

*LeAnn K. Hutton, Psy.D*

*Gerianne Klug*

*Patricia L. Lockyear, M.A., LP*

*Marilyn Magee-Powell, M.A., LP*

*Jan L. Smith, MSW, LICSW*

*Michele Sullivan, M.A., LICSW, LMFT*

## Space Needed

**Wanted:** To share or sublease office space in St. Paul, beginning approximately February 15, 2006. Prefer the Midway Macalester/Groveland, Highland Park, Grand Avenue/downtown areas. Would like 2-3 evenings per week and the potential for daytime hours. Contact: Judith C. Zimmerman, MA, LMFT 651-645-1323 (office) or 651-324-2143 (cell)

## Space Available

**Bloomington:** Office Space Available.: Private Practice has 1 office available with large windows to sublet either full time or part time. Office is in a 2 office suite with furnished waiting room. Includes use of copier/fax, water service, coffee/tea, refrigerator, microwave, magazines, DSL hook-up, etc. Located at 900 American Blvd. E. in Bloomington -- south of I-494 and west of the Mall of America. Contact Suzanne Krueger, Psy.D., LP at (952) 854-7771 for further details.

**Golden Valley/SLP:** Easy 394 access. Recently decorated office with large windows overlooking nature. Available 1 or 2 days per week. Housed in a suite with several experienced, licensed therapists. Copier, fax, spacious waiting area. FFI: Ferris Fletcher 952-546-7056 or Fran Zimmerman 952-545-9310.

**Minneapolis Location:** Elegant excellently located office to sublet! Superb setting, all the amenities (zeros, fax, kitchen, testing room) five other experienced clinicians. You will LOVE seeing clients here!! Easy access to Hwys 14, 394, 35W, 55. 233 Grove-land Ave. Mpls. Mondays, Fridays, weekends: all day available. Also later afternoons and evenings Tues., Wed., & Thurs. Contact: Lynn Kiely, Ph.D., L. P. 612.870.8728.

## **IMPORTANT ANNOUNCEMENT AND INVITATION** *continued from page 1*

facilitate the planning conference and assist MWP in implementing the process determined on March 18th. Cindy has considerable experience working with non-profit organizations, professional organizations, and women's organizations facing similar situations as that of MWP.

The bottom line is that in order to continue, MWP needs either a different way to carry out the functions of MWP or more people willing to help carry out the functions of MWP. We know from the recent membership renewal process that there are many who consider MWP to be a valuable and important organization. Since 1977, MWP has worked successfully to promote the professional development of women in psychology, inform members about ideas and issues that affect women, develop network and support group systems, and take action in the best interests of Minnesota women. Many of you have served this mission in multiple capacities over the years, and we are extremely grateful. We know that the resources to take MWP forward are present within its membership, and we hope that as many of you as possible will step forward!

**Please take this opportunity to bring your ideas, wisdom, creativity, time, and energy to help shape the future of MWP by participating in the planning conference! If you are interested, please contact Heidi Sauder, Chair, by March 1<sup>st</sup>, at WmPsychlgy@aol.com or 763-413-6947. If you are unable to attend on March 18<sup>th</sup> but want to contribute in another manner, we welcome your input and invite you to call or write MWP, c/o Heidi, with your ideas.**

### **Social Action Book Group Meeting**

The next MWP Social Action book group meeting will be on Saturday, March 11 at 2:00 PM. The group will be discussing "Music Through the Dark: a Tale of Survival in Cambodia" by Bree La-Freniere. Several reviews of the book can be found on Amazon.com.

The book group will meet at the Barnes and Noble Cafe in the lower level of Barnes and Noble store on the southwest corner of 69<sup>th</sup> and Xerxes in Edina (in the Galleria). For more information or directions, contact Jane Whiteside at 1-651-388-4302 or janewhiteside@earthlink.net.

### **Consultation Group**

**Six-Session Imagery Consultation Group:** To meet alternate Fridays beginning February, 2006: Feb. 10 & Apr. 21 from 9:00 AM - 12:30 PM, on Feb. 24, Mar. 20 & 24, and Apr. 7 from 9:30 - 11:30 AM. The focus will be on the incorporation of imagery into clinical practice. C.E.U.'s have been applied for. For more information please contact Diane Barrett, Ph.D., LP at 651.291.8070.

### **Collaborative Practice: A Different Way to Divorce**

- Encourages mutual respect
- Emphasizes the needs of children
- Avoids going to court
- Keeps control of the process with the individuals
- Provides for open communication
- Utilizes problem-solving approach
- Identifies and addresses interests and concerns of all
- Prepares individuals for new lives

#### **Louise E. Livesay**

*Attorney at Law*

Focusing on Collaborative Family Law

Grand Hill Professional Building  
333 Grand Avenue, Suite 206  
St. Paul, MN 55102-2583  
Tel: (651) 294-2338  
louise@livesaylawoffice.com

### **Contributors To This Issue**

*Sara Gurganus  
Andrea Northwood  
Sarah Paper  
Heidi Sauder  
Amy Swanson  
Jane Whiteside*



2040—166th Lane NE  
Ham Lake, MN 55304-5414

ADDRESS SERVICE REQUESTED

**Dated Materials: February 1, 2006**

## Call for Listings for the MWP Group Directory

The annual listing of outpatient groups led by MWP members will again be published in the April 2006 Newsletter. Some guidelines to follow:

- Include only groups that have an MWP member as a leader or co-leader.
- If you are leading the same groups you submitted last spring, you still need to re-submit all information.
- Please use the format given below. Typewritten preferred. Group designations used in the past: Women, Men, Couples, Mixed Gender, Adolescents, and Consultation/Supervisions groups.
- **Submit all contributions by March 1<sup>st</sup>** to MWP, 2040 - 166<sup>th</sup> Lane NE, Ham Lake, MN, 55304, or by email to [wmpsychlgy@aol.com](mailto:wmpsychlgy@aol.com), or by fax to 763.413.6947.

### EXAMPLE

Focus or Specific Population	Ongoing or Time-limited	When and Where	Contact
<b>Women's Groups</b>			
Childhood Sexual Abuse Survivors	Ongoing	Tuesday, 4-6 PM 4601 Excelsior Blvd., Mpls.	Janice Alden 612.927.0170
<b>Mixed Gender Groups</b>			
Bulimia Group	Ongoing	Alternate Thurs., 4-6 PM 4601 Excelsior Blvd., Mpls	Laura T. Dodge 612.927.0170