

Minnesota Women in Psychology
Annual Business Meeting
May 21, 2018/4:30-7:30 PM
Pool and Yacht Club, 1600 Lilydale Rd, St Paul

Present

Members: Analisa Jayasekera, Barb O'Brien, Beth Johnson, Beverly Stratton, Bonnie Resnick, Cathy Skrip, Char Follett, Char Ryan, Dana Fox, Deb Rich, Denise Dworakoski, Elizabeth Hamburger, Farren Swanson, Felixia Valerius, Hanin Harb, Janet Thomas, Jari Welle, Jeanne Fischer, Karin Carver-Regan, Karrol Butler, Kori Hennessy, Laura Tripet Dodge, Lauren Robbins, Lisa Wald, Manzie Lohrey, Maren McMillan, Margaret Keating, Mary Zaudtke, Mindy Benowitz, Miriam Zachary, Michel Walgren, Ruth Markowitz, Sarah Borger, Sheena O'Brien, Stacey Stillmunkes, Stefanie Bauer, Taryn Olson, Zoe Milavetz, Susan Johnson (administrative assistant)

Guests: Christine Gibbon, Harriett Haynes, Jane Goldberger, Lisa Kleingarn, Lisa Portinga, Sandi Shapiro, Sarah Nides

The evening began with a welcome from the Social Action Committee Event Organizers Beth Johnson and Hanin Harb. They introduced the Social Action Committee Ruth Markowitz, Sarah Borger, Cathy Skrip and Char Ryan.

Char Ryan informed the attendees about the Call to Action to write letters to the Senators Amy Klobuchar and Tina Smith asking for support for the Violence Against Women Act. Handouts on the topic were provided for each participant. Also, a digital copy will be emailed out to the attendees later this week.

A healing drumming ceremony by the Ogitchidakwe Council's Women's Hand drum group. They gave information about their group and described each song which included a Water Song, a Healing Song and a Women's Warrior Song.

Beth Johnson encouraged tables members to talk with each other as the food was brought in.

Co-Chairs Felixia Valerius and Lauren Robbins opened the Business Meeting part of the event.

They introduced Farren Swanson as their Vice-Chair.

The began a brief review of the year by explaining the theme for the year of Regenerate-Connect-Grow. The committee hoped to connect with MWP members throughout the year and finding out what direction they would like to see MWP go in and what type of activities they were hoping to see.

Activities this year included and Fall and a Spring CEU Event. A membership gathering took place in the Fall. Member Learning Mash Up Gatherings, Sh*t Series or Courage Matters Gatherings, and Mentor and Mentee Matchups took place through out the year. A Networking Group, Private Practice Group, Student Group and Consulting Group all met throughout the year.

Several Wellness events were held at a Meditation Salt Cave and another at a Yoga Studio. A Social Action Book Group met quarterly.

As the committee analyzed the outcome of each event, it has been decided to not hold any CEU event this next year. The focus will be put on the more well received events.

Susan Johnson was introduced and thanked for her services as the MWP Administrative Assistant.

Cathy Skrip was invited up to present the Awards. The “Women Who Make a Difference” Award was given to Char Follett. Among many things, Char was the MWP Newsletter Editor for 17 years. She spear-headed naming the MWP Scholarship Award after the Founding Mother Dorothy Loeffler. She is an advocate for illiteracy. She leads a book group and a poetry group. She is a volunteer for Meals on Wheels. Char thanked everyone and expressed how important MWP has been for her.

The Founding Mother’s Award was given to Joan Ungar, who could not be present tonight. Joan has been a consistent presence in MWP. She has taught classes/workshops for MWP on Art Therapy. Member’s can find her artwork of Sacred Sight Paintings on her website.

Denise Dworakoski was invited up to present the Scholarship Award. Elise Browne will be given (she was not present) a \$500 to use toward working on her licensure.

The present 2017-18 Executive Committee was introduced: Felixia Valerius, Lauren Robbins, Farren Swanson, Karin Carver-Regan, Hanin Harb, Janelle Carle, Julie Gunderson, Beth Quinby, Deb Rich, Lisa Wald, Stacey Stillmunkes, Analisa Jayasekera, Jari Welle, Beth Johnson, and Denise Dworakoski.

A special thank you to the outgoing members: Hanin Harb, Janelle Carle, Julie Gunderson, Beth Quinby, Felixia Valerius and Deb Rich.

The next year’s 2018-19 Executive Committee was introduced: Farren Swanson-chair, Stacey Stillmunkes and Lisa Wald-co-vice chairs, Karin Carver-Regan-treasurer, Lauren Robbins-past chair, Beth Johnson-Networker Editor, Elizabeth Hamburger, Sheena O’Brien, Zoe Milavetz, Jari Welle, Analisa Jayaseker and Denise Dworakoski.

The outline of the Treasurer’s Report from May 1, 2017-April 30, 2018 was prepared by Karin Carver-Regan and included in a handout to all attendees.

All volunteers were thanked. Their names and the activity they helped with were all provided in the handout.

The MWP Networker Quarterly Newsletter: Gail Anderson, Asha Mukherjee, Sandra Streitman, Lisa Wald, Janelle Carle, Farren Swanson, Sarah Leitschuh, Cathy Skrip, Stacey Stillmunkes, Rebekah Brandvold, Pennie Bucilla, Traci Valentine, Lauren Robbins, Miriam Zachary, Beth Quinby, Jane Whiteside, Sarah Super, Jari Welle and Char Follett

Group Facilitators:

Private Practice Group: Janet Schlegel

Networking Group: Britta Lundberg and Ginny Jacobs

Book Group: Jane Whiteside

Meet & Greet for Student Members: Worawan Turner, Molly Nicholson, Jeanne Fischer, Maren McMillan, Charne Davidson, Jane Rodich, Britta Lundberg, Bev Stratton, Beth Quinby and Cynthia Haakana

Social Action Dinner/Annual Meeting: Cathy Skrip, Hanin Harb, Ruth Markowitz, Sarah Borger, Beth Johnson, Char Ryan

Wellness Events: Farren Swanson and Denise Dworakoski

CEU Events: Felixia Valerius, Farren Swanson, Karin Carver-Regan, Denise Dworakoski, Lauren Robbins, Deb Rich and Lisa Wald

Sh*t Series & Member Learning Mash Ups: Hanin Harb and Deb Rich

Fall Membership Event: Karin Carver-Regan, Janelle Carle, Denise Dworakoski, Lisa Wald, Miriam Zachary, Julie Gunderson, Farren Swanson

Facebook/Social Media Outreach: Stacey Stillmunkes and Denise Dworakoski

Volunteer Coordinator: Jari Welle

Mentorship Program: Jari Welle, Marjorie Sita, Lauren Robbins, Lori Wiggenhorn, Christina Corwin, Barbara Nordstrom-Loeb, Traci Valentine, Kathy Boisjoli, Susan Whalen and Joan Ungar

Other Volunteers: Britta Lundberg, Taryn Olson, Barb O'Brien, Julie Gunderson, Miriam Zachary, Stacy Smith Donley, Alex Tennyson and Molly King

The speaker for the evening was introduced: Sarah Super, who is a Sexual Violence Survivor now working as an activist helping other survivors.

Respectfully Submitted,

Susan Johnson

MWP Administrative Assistant