June busted out all over on Sunday, June 1 at the Annual Meeting in Minnetonka. The setting was a small building maintained by the Minnetonka Recreation Department, Westridge Pavilion, with views of a pond and blooming trees. Lunch for the 26 people present was accompanied by the annual meeting (see the minutes in this issue), including a report from outgoing chairs Sharon Stein McNamara and Jill Strunk. They introduced the new MWP Chair, Jennifer Nash-Wright, and the Executive Committee from this year, Sarah Paper, Treasurer, Jane Bennett, Susan Broadwell, Jacqueline Greenwood Julien, Jan Jirak and Laura Nielsen. The Executive Committee will lose Jan Jirak this coming year, and a new treasurer will be found. Other committees needing new chairs are the Private Practice Group and the Annual Meeting Committee. Gifts were presented to Jill, Sharon and Susan Johnson, the MWP Administrative Assistant, with the thanks of the organization for their leadership and hard work.

Sarah Paper presented her last Treasurer’s report. In a multi-colored handout, Sarah showed us that MWP had a larger budget this year, and has also spent more. She noted that some of the trends were hard to tease out because of differences in the dates of events like the Annual Meeting. Our income from member dues increased, reflecting the priority that the Executive and Membership Committees placed on attracting new members. Sarah also announced the presentation of the Founding Mothers’ Award to Ferris Fletcher.

The attendees voted to approve the new Bylaws that were proposed in the Spring, 2008 Newsletter. These changes included a shorter first term of office for Executive Committee members from 3 to 2 years and the option of extending new terms in one-year increments. The new Steering Committee will be elected at the Annual Meeting, and Bylaws can be changed at the Annual Meeting. These changes streamline processes and reduce financial and energy investments.

Continued on page 3.
Notes From The Chair

Greetings From the EC Chair

This is an exciting time for MWP and I am pleased to have the opportunity to serve in a leadership role as Chairperson for the Executive Committee. I have been a member of MWP since 2001 and have served on the EC for two years. In that time, I have seen MWP maintain its mission and traditions, while trying to serve the changing and growing needs of women in the field of psychology. We have dedicated volunteers serving on very active committees addressing the various needs including technology resources, professional and personal development, networking and more. Also, members are organizing to network and share educational and cultural experiences and events. I appreciate the commitment of time and energy so many have put into our organization. Specifically, I want to give special thanks to Jill Strunk and Sharon Stein-McNamara who have served as co-chairs of the Executive Committee the past two years. They assisted in re-organization and the development of leadership to keep MWP going. I also want to recognize and thank Sarah Paper as she concludes her lengthy term as Treasurer for MWP and Ferris Fletcher for her longstanding leadership on the Annual Meeting Committee.

As a membership organization, MWP relies on all of us for its spirit and success. With that sentiment, I encourage members to become involved in any aspect of MWP that matches your interest. It has been my experience that you get back ten-fold what you give to MWP, in the way of supportive relationships, new found knowledge, personal growth and fun. I look forward to a great year for MWP!

Jennifer Nash-Wright, PsyD, LP
Chair, Executive Committee

Would You Consider It?

MWP Treasurer

This is a one year commitment and you will serve as a member of the Executive Committee. Sarah Paper, the previous Treasurer, is available for transition and any training. This is a great way to become more involved in MWP and leadership. If you are interested in volunteering for this important role please contact Jennifer Nash-Wright at 651-303-7474, or jnashwright@comcast.net or any member of the Executive Committee.

Private Practice Group Contact

The private practice group is looking for a MWP member who attends the group to be available as the public contact person for the Private Practice Group. This involves having your name and contact number listed on our Web site and written ads. You would be asked to respond to questions and inquiries about the Private Practice Group. If you have been a member of the Private Practice Group please consider volunteering to help others become involved and to promote this highly successful and active group. Contact Jennifer Nash-Wright, 651-303-7474 or jnashwright@comcast.net, or contact any Executive Committee member.
Annual Meeting Continued from Cover.

Volunteers received herb plants and were thanked by their committee chairs, who reported on past and upcoming events and opportunities. A special thanks to the Annual Meeting Committee of Deb Fisher, Sarah Paper, Linda Rodgers, Susan Rydell and Sarah Paper, who made the event tasty and lively. The convener of the meeting, Susan Rydell, then moved the event on to presentations of research.

After a chocolate cake break, the following presentations were given: Dr. Jacqueline Greenwood Julien presented her qualitative study titled, “The Influences of Mothers’ Coping Styles on Their Daughters’ Coping Styles”. The major finding of the research suggests that daughters cope similarly to the ways that their mothers cope, although they believe themselves to cope better. Jacqueline is currently faculty at the University of Minnesota-Morris and editor of the MWP Newsletter. She received her PsyD from Argosy University. Jacqueline is the proud mom of two month old Sawyer.

Dr. Rebecca Goffman reported on her research project entitled “Current Practices in Social and Emotional Assessment of Deaf Youth.” Results indicated little standardization in the process of assessing this population, with tests designed for the hearing population adapted for use with deaf children. Rebecca moved from New York to Minnesota in 1995 after receiving a Master’s Degree in Deaf Education from the University of Rochester, NY. As a teacher, interpreter and counselor, she expressed appreciation of the privilege of learning from the DHH community. She earned a doctorate in clinical psychology from the Minnesota School of Professional Psychology: Argosy University, Twin Cities. She is a specialist at Volunteers of America, working with deaf clients in Minnesota.

Katie Wilson’s dissertation is entitled, “Sibling Bereavement: The Experience of Grief Validation.” She focused on what was most and least helpful while bereaved siblings negotiated the grief process. Katie is currently in her fifth year at the Minnesota School of Professional Psychology, Argosy, and is completing her internship in Mason City, Iowa. She returns to Minneapolis on weekends, and hopes to return here permanently in the fall.

The evaluations returned expressed great appreciation of the presenters and their research.

By Ferris Fletcher, Annual Meeting Chair
Minnesota Women in Psychology

Annual Meeting at the Westridge Pavilion/Sunday, June 1, 2008

Present: Jane Bennett, Claudia Bertramson, Candance Blake, Susan Broadwell, Marlae Cox-Kolek, Julie Eschenlauer, Deb Fisher, Ferris Fletcher, Meg McChesney, Sharon Stein McNamara, Jennifer Nash-Wright, Laura Nielsen, Sarah Paper, Linda Rodgers, Susan Rydell, Kirsten Lind Seal, Cathy Skrip, Jill Strunk, Dawn Ulrich, Sharon Ward, Jane Whiteside, Fran Zimmerman, Jacqueline Greenwood Julien, Katie Wilson, Rebecca Goffman, Susan Johnson

The meeting was called to order by Susan Rydell, Master of Ceremonies

1) Minutes from 2007 Annual Meeting were approved

2) Executive Committee Report
   i) Sharon Stein McNamara and Jill Strunk presented and thanked the members of the 2007/08 Executive Committee. Starting with a retreat last summer, the committee worked on the larger goals for MWP. Members are encouraged to instigate and/or participate in the extra curricular activities such as the book group, attending plays such as “Nine Parts of Desire” and member oriented discussion groups like the “Women in Power” that took place last winter.
   ii) By-law Changes
       (a) A handout of the changes for the MWP By-laws was distributed which includes updating technology and shorter terms for volunteers. Changes were approved.
   iii) Executive Committee Slate
       (a) The names of the 2008/09 Executive Committee was presented to the members and approved.

3) Treasurer’s Report
   i) Sarah Paper, MWP’s Treasurer for the last five years, distributed handouts of the budget to the members. While MWP used more money than it brought in last year, there was money in the account from past years to cover it.
       (a) The Executive Committee has felt that to increase membership, events and bringing technology up to date were important. This could not be done without spending some money.
       (b) Sarah Paper is resigning as Treasurer. A new treasurer is needed.

4) Founding Mother’s Award
   i) Sarah Paper presented Ferris Fletcher with the Founding Mother’s Award for 2008 for her diligence and care that she has given to MWP over the years.

5) Honoring Volunteers
   i) Ferris Fletcher honored Sharon Stein McNamara and Jill Strunk for their work as co-chairs of the Executive Committee for MWP. For the 2008/09 year, Jennifer Nash-Wright will take on the position as chair. The members of the Executive Committee were introduced: Jennifer Nash-Wright, Sarah Paper, Jane Bennett, Susan Broadwell, Jacqueline Greenwood Julien, Jan Jirak and Laura Niels-
   ii) Susan Johnson was honored for her work with MWP as administrative assistant.
   iii) Susan Broadwell, Membership Committee chair, introduced the members of the committee: Claudia Bertramson, Karrol Butler, Sara Gurganus, Ruth Markowitz, Linda Rodgers, Maggie Keating, Laura Tripet Dodge, Judith Zimmerman and Fran Zimmerman.
       (a) The Membership Committee hosted two members’ events: Wine & Chocolate Social and the Fairy Godmother Gala. The also, as a panel, spoke to local graduate students about MWP to encourage membership.
   iv) Laura Nielsen and Julie Eschenlauer introduced the members of the newly reformed Professional Development Committee: Jane Bennett, Sue Evans and Jill Strunk.
       (a) A 2008 Fall workshop planned on Women and Sexuality. They are also looking at a Mentorship program where volunteers will do a one time presentation to help those new to the psychology field, and evenings to view and discuss a current movie. They did a survey of MWP members, and received good response to the mentorship program. Additional volun-
   v) Jane Whiteside presented the members of the Book Group: Gail Anderson and Asha Mukherjee.
       (a) The book group is focusing on reading books on people who have moved to the US from other countries. The books have focused more on the positive side of the transition. More participants are encouraged.
   i) Rebecca Chesin chairs the Technology Committee. In her absence, Jacqueline Greenwood Julien presented the members of the commit-
       (a) They are hoping to revamp the web site to make the directory more searchable. They are also in the process of changing the web site name to better match the name Minnesota Women in Psychology. A survey will be sent to members to find out what other items members would like to see in the web site.
   ii) Jacqueline Greenwood Julien is the Newsletter Editor. Volunteers are needed to be part of the committee and/or to contribute arti-
       (a) This group has been an important recruiting tool for MWP. It meets monthly and discusses topics that are of interest to both new or those experienced in private practice.
   iv) Jennifer Nash-Wright presented the Fireside Chat Committee: Julie Guth, Sharon Stein McNamara and Jan Jirak.
       (a) Three Fireside Chats were planned for the 2007/08 year, one was canceled due to the illness of the presenter. For the 2008/09 year they hope to have two chats in the metro area and one in the St. Cloud area. The committee would like to have at least two more volunteers. A new chair person will be needed, as Jennifer will focus her attentions to chairing the Executive Committee.
       (a) Ferris has chaired the committee for many years, and is stepping down from this position. A new volunteer is needed.

The meeting was adjourned at 1:15 pm.

Three women: Jacqueline Greenwood, Rebecca Goffman and Katie Wilson, presented their research for their dissertations to the attendees of the meeting.

Respectfully submitted, Susan Johnson, MWP Administrative Assistant
**Founding Mother’s Award**

The Executive Committee nominated and presented Ferris Fletcher with the Founding Mothers Award.

When I was first encouraged to join this organization I was promised that would meet role models and friends. MWP was sold to me as a place where a young aspiring psychologist could be embraced and nurtured. Dubiously hopeful, I joined.

For the last three years, I have been privileged to work with Ferris as part of the Annual Meeting Committee and as a member of the “Gang of 8” and have discovered her to be one of those promised role models. She lends her hand, her shoulder, and her ear when some might push or turn away. She gives of herself even under extreme conditions. Ferris was moved to tears as she shared her nomination for last year’s Founding Mothers Award recipient, her friend, Cathy Skrip.

I understand that Ferris is a previous recipient; it does not surprise me, nor does it make her any less deserving of this year’s honor.

By Sarah Paper

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**MWP Book Group October Book**

**Book:** "The God of Small Things" by Arundhati Roy.

The story is set in Kerala, India, during the late 1960s and begins with the funeral of the cousin of the novel's protagonists. "Beneath the drama of a family tragedy lies a background of local politics, social taboos and the tide of history. Protagonist 'Rahel notices that 'at times like these, only the Small Things are ever said. The Big Things lurk unsaid inside.'" *(Publishers Weekly)*

**Date/Time:** Saturday, October 11, 1:30-3:30

**Location:** Black Bear Crossings Coffee Shop *(Como Park Pavilion)*, St. Paul

**For more information:** Contact Jane Whiteside at janewhiteside@earthlink.net

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**Welcome New/Returning MWP Members**

**Candance L. Blake**

Karen M. Brinkman, M.S., LP

Linda J. Fliss, LAMFT

Margaret A. Hersch

Jennifer L. Holt, Ph.D., LPC

Therese Jacobs-Stewart, M.A.

Amy Kamel, M.A.

Melissa Baartman Mork, Psy.D.

Jennifer Riff, Ph.D.

Kathryn M Shinnick, Psy.D., LP

Patricia A. Stankovich, Psy.D.

Victoria Woolley, MSW, LICSW
Fairy Godmother Gala

A delightful and enchanting time was had by all at the Membership Event at the quaint little store Fairy Godmother! We welcomed a new member and had plenty of members attend dressed up in their own versions of fairies: floral, Chinese, techno, Egyptian, large and small winged, and just adorable!

The Fairy Godmother had sipping chocolate and wine and light snacks for us. She led us through a wonderful meditation reminding us to fulfill our own wishes as we are so often there to help others fulfill their own! Members were able to expand upon these wishes and set their sights for new possibilities.

Members had time to play and network. Some even bought a few endearing mementos from the store.

By Susan Broadwell,
Membership Chair

Top Picture:
Dawn Ulrich, Jennifer Holt

Middle Picture:
Linda Rodgers, Cathy Skrip, Anita Demants, Susan Phipps-Yonas

Bottom Picture:
Susan Broadwell, Karrol Butler, Laura Tripet Dodge, Maggie Keating

Contributors to this Issue
Susan Broadwell
Jacqueline Greenwood Julien
Ferris Fletcher
Susan Johnson
Jennifer Nash-Wright
Sarah Paper
Dawn Ulrich
Jane Whiteside
Hakomi Institute Twin Cities presents……
An Introduction to Hakomi Experiential Psychotherapy

Bridging Body/Mind
The Power of Finding Words for Somatic Experiences

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Saturday & Sunday, October 3-4, 2008
9:30 am to 5:00 pm
$265 / $235 if paid in full by September 8, 2008
Enrollment limited, advance registration required.

For psychologists, psychotherapists, counselors, social workers, bodyworkers, or others interested in the body mind bridge. Information is available for CEU remittance.

For more information contact: **Susan Broadwell at 952.922.1848 or susanebroadwell@yahoo.com**

**Morgan Holford, LPC**, is a Certified Hakomi Therapist and Trainer. She has been on the faculty of the Hakomi Institute since 1987 and conducts workshops and trainings throughout the US. Morgan maintains a private practice in Santa Fe, NM, and serves there as director of Hakomi Southwest. She weaves together psychotherapy, body therapies and somatic trauma resolution, creating a unique approach in her work with individuals, couples, and groups. She is committed to the integration of spirit into everyday life.

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Mail check and registration to: **Susan Broadwell, 4500 Park Glen Road, Suite 150, St. Louis Park, MN 55416**
Full payment must accompany registration. Cancellations by September 26, 2008 will be refunded less a $30.00 fee.

No refunds after September 26, 2008, though you may send someone in your place.
Dated Materials: July 2008

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. . . and much more

Mark Your Calendar

Saturday, July 12
Private Practice Group 9:00-11:00 am
Black Bear Coffee on the Lake 1360 Lexington Parkway North
St. Paul, Minnesota  55103-1059 phone: 651-488-4927

Saturday, August 2
Executive Committee Day Retreat 9:00 am - 5:00 pm
Jill Strunk's Home
For more information about the Executive Committee
contact Jennifer Nash-Wright at jnashwright@comcast.net

Saturday, August 9
Private Practice Group 9:00-11:00 am
Black Bear Coffee on the Lake 1360 Lexington Parkway North
St. Paul, Minnesota  55103-1059 phone: 651-488-4927

Monday, September 1
Fall Newsletter Deadline
Please send article submissions to Jacqueline Greenwood Julien
jacquelinebgrnwd@yahoo.com

Wednesday, October 1
Fall Membership Renewal
Look for your renewal form in the mail
Return to MWP upon receipt to assure inclusion in the directory.